

## Book Reviews

CLINICAL HANDBOOK OF PSYCHIATRY AND THE LAW, Second Edition. By PS Appelbaum and TJ Gutheil. Baltimore: Williams and Wilkins, 1991.

Reviewed by Jeffrey S. Janofsky, MD

Paul Appelbaum and Tom Gutheil have thoroughly revised their textbook of forensic psychiatry, the first edition of which received the Manfred S. Guttmacher award for its outstanding contribution to the literature of forensic psychiatry. The authors have managed to substantially improve an already outstanding text. The authors divide each chapter into seven sections: case examples (case summaries from the authors' own clinical experience); legal issues (highlighting important case and statutory law); clinical issues (describing how legal doctrine impacts on actual clinical practice); pitfalls (how the previously described legal and clinical issues are commonly misapplied by clinicians and how to avoid these errors); case examples—epilogue (follow-ups to the cases already presented integrating the material described); action guide (an operational summary of the data previously presented serving as a quick reference outline); and suggested readings (highlights of the current forensic psychiatry literature on the issues described).

In the 10 years since the first edition

was published, there have been significant changes in important areas of psychiatry and the law. Appelbaum and Gutheil have thoroughly updated their text to incorporate new material. The authors' clinical point of view is emphasized throughout the text. They possess a rare combination of legal scholarship and medical experience which make this text especially useful to the practicing clinician both as a basic text and as a more advanced "how to" reference manual for solving difficult legal and ethical issues at the interface between psychiatry and the law.

I first became interested in psychiatry and the law at about the same time the first edition of this textbook was published. *The Clinical Handbook of Psychiatry and the Law* was the first text that I studied as a student of forensic psychiatry. Ten years later as a teacher of forensic psychiatry, it is still the reference I reach for first to help clarify difficult issues. With the second edition, Appelbaum and Gutheil carry on their tradition of excellence as leaders in educating psychiatrists in our field. I recommend this textbook without reservation.

METHADONE MAINTENANCE IN THE MANAGEMENT OF OPIOID DEPENDENCE: AN INTERNATIONAL REVIEW Edited by A Arif and J Westermeyer. New York: Praeger Publishers, 1990. 92 pp. \$38.95.

Reviewed by B. F. Beran, MD

This little volume, a product of a cooperative effort by clinicians and researchers of some 19 different countries, provides a relatively cohesive collection of clinical, socio-cultural, and legislative perspectives on methadone detoxification and maintenance in the U.S., in the world as a whole, and in some foreign countries. It offers a number of useful insights, specific to different socio-cultural contexts in different parts of the world and also an all-important chapter on the impact of AIDS epidemiology on methadone policy. As a stimulating source of information, this volume would be useful to any clinician, social scientist, or legislator who deals with addictions and related problems.

**PATTERNS OF INFIDELITY AND THEIR TREATMENT** By EM Brown. New York: Brunner/Mazel, 1991. 310 pp.

Reviewed by Michael J. Bisco, MD

The book classifies marital infidelities into five different types. The author then talks about the dynamics and treatment of these affairs. The book gives a good sociological perspective on extramarital affairs but seems somewhat simplistic and dogmatic in its approach. The book is primarily intended for family and marital therapists but may offer some points of view helpful to individual in-

sight therapists. The section on treatment of sexual addictions offers interesting parallels to the treatment of criminals.

**THE PSYCHOLOGY OF HUMAN CONTROL: A GENERAL THEORY OF PURPOSEFUL BEHAVIOR.** MI Friedman and GH Lackey, Jr. New York: Praeger Publishers, 1991. 245 pp. About \$45.00.

Reviewed by Lynn W. Blunt, MD

This book presents a version of prediction theory based on the premise that people want to control the world around them and that the majority of human behavior is directed toward that goal. The authors skillfully and convincingly present the basis of their assumption in a clear and concise manner, both from the standpoint of practical implications as well as in formal development of the theory. I would recommend this book to mental health professionals and others who would have an interest in a new theory of human behavior.

**CHILDREN OF CHEMICALLY DEPENDENT PARENTS.** Edited by TM Rivinus, with 20 authors. New York: Brunner/Mazel, 1991. 350 pp. \$40.95.

Reviewed by Lionel H. Blackman, MD

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This volume, written by seven physicians and 14 other mental health professionals, gives academic, diagnostic, and therapeutic aspects of addiction together with public policy. It presents addiction as an emerging new science which has evolved over the years in spite of “denial” by clinicians and academics. Much credit is given to self-help groups such as AA, Al-Anon, etc., that stress coping

skills over insight and subservience to a “higher power.” In seeking legitimacy of their field, the authors compare Freud’s early anecdotal cases with the stories elaborated in AA and invoke Carl Jung’s spirituality with their own leanings. This book may help the mental health professionals seeking guidelines together with an extensive bibliography.